Adjacent teeth damaged by dental bur

By Prof Dr A. Lussi Bern, Switzerland

Objective
Cutting and finishing approximal preparations with conventional instrumentation and methods may produce iatrogenic damage in adjacent tooth surfaces which subsequently requires restoration. The objective of this investigation was to determine the occurrence of iatrogenic damage and whether, under everyday working conditions in dental practice, such damage could be reduced significantly by using an alternative method and instrumentation designed especially for the purpose.

Method
Dental practitioners were asked to take impressions of teeth scheduled for Class II amalgam restorations. One group (control) prepared the teeth with conventional rotary instrumentation (n = 71), while the test group used a new method and instrumentation (n = 63). These comprised a set of files, a right-angle handpiece with reduced stroke, 36 fixed (rotation-locked) positions for the files and a cylindrical bur with a recessed front-end cutting surface. Damage to the adjacent teeth was assessed under a stereomicroscope.

Results
Using conventional methods, all adjacent tooth surfaces showed damage, often exposing deep layers of dental tissues. There was a clinical and statistically significant reduction of incidence and severity of iatrogenic preparation trauma in the test group.

Conclusion
It appears that conventional approximal box preparation results in significant damage to adjacent tooth surfaces. With the system tested, damage to adjacent tooth surfaces during preparation of proximal boxes can be significantly reduced. This should have an impact on the subsequent rate of restoration for the adjacent surfaces.

Palodent® Plus was re-branded to Palodent® V3 in 2015.

For more information contact:
Dentaply Sirona
21st Floor, The Bay Gate Tower
Business Bay, Al Sa’ada Street
Dubai, United Arab Emirates
Tel.: +971 (0)4 523 0600
Web: www.dentsplysirona.com/en
E-mail: AEA-Marketing@dentsplysirona.com

PROMEDICA
Highest quality made in Germany

Glass ionomer luting cement
- High level of adhesion
- Highly biocompatible, low acidity
- Continuous fluoride release
- Precision due to micro- fine film thickness
- Translucency for an aesthetic result

Light-curing micro-hybrid composite
- Applicable for various indications and all cavity classes
- High translucency and a perfect colour adaption
- Polishable to a high gloss
- Excellent physical properties for durable fillings
- High filler content
- Packable consistency (also available as Composan LCM flow)

 IDS 2019
Hall : 10.2
Booth: V15

For further information contact:
Dental Material GmbH
24537 Neumünster / Germany
Tel.   +49 43 21 / 5 41 73
Fax   +49 43 21 / 5 19 08
eMail   info@promedica.de
Internet   www.promedica.de

Light-curing micro-hybrid composite
- Applicable for various indications and all cavity classes
- High translucency and a perfect colour adaption
- Polishable to a high gloss
- Excellent physical properties for durable fillings
- High filler content
- Packable consistency (also available as Composan LCM flow)